

The Ten Plagues

Wednesday Plan

SCRIPTURE

Exodus 7–12

MEMORY VERSE

Exodus 7:5

OPTIONAL VIDEO

The 10 Plagues of Egypt

<https://southside.cc/107-694>

God shows his power to set his people free.

For the Teacher

Wednesday night reinforces what the kids learned on Sunday. Don't re-teach all ten plagues. Tonight is about the *why* and the *finish* — God showing his power and setting his people free.

KEY TRUTH

God shows his power to set his people free.

Same bottom line as Sunday, by design. Wednesday uses the exact same sentence the kids heard on Sunday. Repeat it.

The plagues relay is the spine of tonight. Sunday named all ten plagues but only read three. Tonight a station relay walks the kids through every one in two or three minutes — which is exactly what the originals do best at this age.

What to skip. Don't re-read all the plague verses. The kids did that Sunday. Tonight you'll re-read Exodus 7:5 (the *why*) and Exodus 12:31–32 (the *finish*). If a kid wasn't there Sunday, give them a one-sentence catch-up: "God sent ten plagues on Egypt to show his power and to set his people free."

Energy management. This Wednesday is the loudest one of the quarter. The plague relay has the kids moving from station to station and acting things out. Bring them back down for the closing prayer and take-home card.

MATERIALS

- Bibles for every student
- Whiteboard or large paper, markers
- Plague relay station supplies (see Activity 1 below — about ten small props, most of which you probably already have)
- **God Sets Me Free** prayer cards (printed in advance from this week's activities)
- Pencils

1. Gather

Welcome the kids back. Tell them:

SAY

On Sunday we learned one big idea, and we're going to learn it again tonight. Say it with me: God shows his power to set his people free.

Have them say it back. Then again, with both hands raised. Then in a whisper.

Write it on the board.

Tell them tonight is going to be different from Sunday — they're going to walk through every single plague. But first, a quick review.

2. The Story

Quick Review**ASK**

Who can name three of the plagues?

Let kids call them out. If they're slow, prompt: water, frogs, hail, darkness, the firstborn.

The Two Reasons in the Bible

Have everyone open to Exodus 7:5.

Exodus 7:5

Then have them turn to Exodus 12:31.

Exodus 12:31–32**DISCUSSION**

1. What two reasons did Sunday give for the plagues? Look at Exodus 7:5 again.

→ *(1) So Egypt would know God is the LORD; (2) to set God's people free.*

2. Did both things actually happen?

→ *Yes. Egypt knew God is the LORD. And God's people went free.*

Say the bottom line again, with the kids:

SAY

God shows his power to set his people free.

3. The Work

Plague Relay

Set up ten stations around the room — they can be tables, chairs, or just spots on the floor with a label. Each station gets one prop and one quick action. Don't overthink the props. Anything close enough works.

1. **Blood.** A cup of water with a red bead or pompom in the bottom. Action: drop a red bead in the cup.
2. **Frogs.** A small toy frog or a green beanbag. Action: toss it into a basket.
3. **Gnats.** A pinch of glitter or sand. Action: sprinkle it on a paper plate.
4. **Flies.** A flyswatter. Action: swat the air three times.
5. **Livestock die.** No prop. Action: make an animal sound, then say "uh oh."
6. **Boils.** Red dot stickers. Action: stick one on the back of your hand.
7. **Hail.** Cotton balls in a bowl. Action: drop three into a bucket.
8. **Locusts.** No prop. Action: hop like a grasshopper across a line.
9. **Darkness.** No prop. Action: close your eyes and count to five.
10. **Passover.** A roll of red ribbon. Action: tap the doorway twice with the ribbon.

Walk the kids through the stations once as a group. Don't make this a race — make it a reading. At each station, a teacher (or a confident kid) reads the plague number and name out loud, all the kids do the action, then everyone moves to the next station.

When you finish station 10, gather the kids in the middle.

ASK

On the night of the tenth plague, what kept God's people safe?

The blood of a lamb on their doorposts.

Tell the kids: the first nine plagues showed Egypt who God is. The tenth showed his people that he saves them through a lamb. Both things matter — and the blood of the lamb is a picture that's going to come back when we read about Jesus.

Pharaoh Says Yes / No

Stay in the middle of the room. Tell the kids you're going to read each plague again, one at a time, and after each one they'll vote with their feet.

If they think Pharaoh said *yes* (let the people go), they go to one side of the room. If they think he said *no*, they go to the other.

Read them in order: 1, 2, 3, 4, 5, 6, 7, 8, 9. After each one, the kids run. (The right answer is "no" every time.)

After the ninth, ask:

ASK

He said no nine times in a row. Why didn't God give up?

You're looking for: *because God had promised, and because his people weren't free yet.*

Then read plague 10 — and tell them this is the one where Pharaoh finally said *yes*. God doesn't give up on his people. Even when nine "no"s in a row would have made anyone else stop, God kept going until his people were free.

4. The Point

God Sets Me Free Prayer Card

Hand out the **God Sets Me Free** prayer cards. Have each student fill in the prompt:

God, please use your power to free me from _____.

Tell them this isn't about being a slave in Egypt — it's about anything that has a hold on them. Fear. A bad habit. Worrying. Being mean to their sister. Whatever they keep getting stuck on.

NOTE

While they fill out the cards, walk around. If a kid is stuck, ask: "What's something that you wish you could stop, but can't seem to?" Help them name it specifically.

Memory Verse and Closing

When they're done, have everyone come back together. Read the memory verse:

SCRIPTURE

Exodus 7:5

The Egyptians shall know that I am the LORD.

Read it together once. Then say the bottom line one final time, with the kids:

SAY

God shows his power to set his people free.

Close in prayer:

PRAY

God, you are stronger than any king and any enemy. You showed Egypt who you are, and you set your people free. Show your power in our lives this week — set us free from the things that keep getting in the way of following you. Thank you for being the LORD. Amen.